



Personalised companionship for your *residents*

Canberra ACT · Private Pay & Home Care Package

Family can't always be there. We can.

A friendly face, just for them.

Golden Days is a personalised, non-medical companionship service for seniors in Canberra.

We work alongside aged care providers to support the wellbeing of residents and offer something that is genuinely just for them; a familiar face they look forward to seeing, someone who is fully present, unhurried and there for no other reason than to brighten their day.

We work directly with families and communicate with care teams to understand what works best for each resident. Our visits are planned around existing schedules and we never disrupt the routines your staff depend on. We are simply there for the resident, quietly and reliably, without adding anything to anyone else's schedule.

+ A VISIT FROM GOLDEN DAYS

One of our clients, a woman in her eighties living in supported care, had gone weeks without meaningful one-on-one company. Her family lived interstate and staff were stretched.

I visited her in her room, brought a small bunch of flowers and spent two hours looking through her photo albums and talking about her life. She laughed more than she had in months.

That's what we do. It's not task support. It's real companionship and it makes a genuine difference.

— Kimberley Creech, Founder, Golden Days



In-Facility Visits

Warm, one-to-one companionship in the comfort of the resident's room or facility common area. Every visit is fully present, unhurried and shaped around what the resident enjoys most.

- Genuine conversation and attentive listening
- Gentle activities — reminiscing, games, music, reading aloud
- Looking through photos or letters together
- Gentle walks around the property and gardens, including pushing wheelchairs
- Sitting quietly in the garden or common area
- Consistent companion — the same person every time

From \$70 per hour



+ FUNDING

Our services can be paid for privately by residents or their families, or funded through a resident's Home Care Package (HCP). We invoice HCP providers directly and include all required service information. Coordination with your care team is simple and straightforward — just get in touch to discuss a referral.

+ WHY FAMILIES CHOOSE GOLDEN DAYS

✓ **Genuine presence**
phone away, fully attentive, sitting at their pace. Not a task worker. A companion.

✓ **Non-medical & low-risk**
a safe, enriching social service that complements your existing care team.

✓ **Consistent companion**
the same person every time, building real rapport and trust with your residents.

✓ **Nothing for staff to arrange**
we coordinate directly with families and care coordinators. No extra work for your team.

Ready to discuss a referral?

We would love to speak with your care team about how we can support your residents. Whether you'd like to refer a resident directly or pass our details on to a family, reach out anytime — we respond promptly.

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