



# Give your loved one something *truly meaningful*

Personalised companionship for seniors in Canberra

*Family can't always be there. We can.*

## We know how much it means to see them thrive.

Whether your loved one is living at home or in supported care, staying socially connected makes an enormous difference to their happiness and wellbeing. But life gets busy, and you can't always be there as often as you'd like.

That's where Golden Days comes in. We offer warm, personalised, one-on-one companionship for seniors across Canberra — from gentle in-home visits and café outings to gallery trips, park walks and time spent simply talking and laughing together.

Every visit is entirely shaped around what your loved one enjoys, at their own pace, with someone who is fully present throughout.

### + A FAMILY'S EXPERIENCE

*One of our clients, a woman in her eighties living in supported care, had spent months without a meaningful outing. She loved the National Gallery and hadn't been in years. We collected her from her facility, took her on a leisurely drive, guided her through the gallery at her own pace and settled in for coffee and cake before heading home. She talked about that day for weeks.*

— Kimberley Creech, Founder, Golden Days



---

+ WHAT WE OFFER

## In-Home & Facility Visits

Warm, one-to-one companionship in the comfort of your loved one's home or room. Every visit is unhurried and shaped around what they enjoy most.

- Genuine conversation and attentive listening
- Gentle activities — reminiscing, games, music, reading aloud
- Looking through photos or letters together
- Gentle walks around the property and gardens
- Sitting quietly in the garden or common area
- Consistent companion — the same person every time

**From \$70 per hour**



+ FUNDING

Our services can be paid for privately or funded through your loved one's Home Care Package (HCP). We handle the invoicing and work directly with their care coordinator — there's nothing extra for you to manage.

+ PEACE OF MIND FOR FAMILIES



**Fully present, every time**

phone away, unhurried, genuinely engaged. Not just company — real connection.



**Trusted & professional**

fully insured, ABN-registered, consistent companion they can build a rapport with.



**Tailored to them**

every visit shaped around your loved one's interests, preferences and pace.



**Regular updates**

we communicate openly with families and keep you in the loop after every visit.

---

## Ready to give the gift of connection?

We would love to hear about your loved one and find the right fit for them. Reach out anytime — we respond promptly.

PHONE 0421 465 978

EMAIL [care@goldendaysoutings.com.au](mailto:care@goldendaysoutings.com.au)

WEB [goldendaysoutings.com.au](http://goldendaysoutings.com.au)